# Medicare Advantage: At A Glance

# Medicare Advantage provides affordable, high-quality, patient-centered coverage Americans rely on every day.

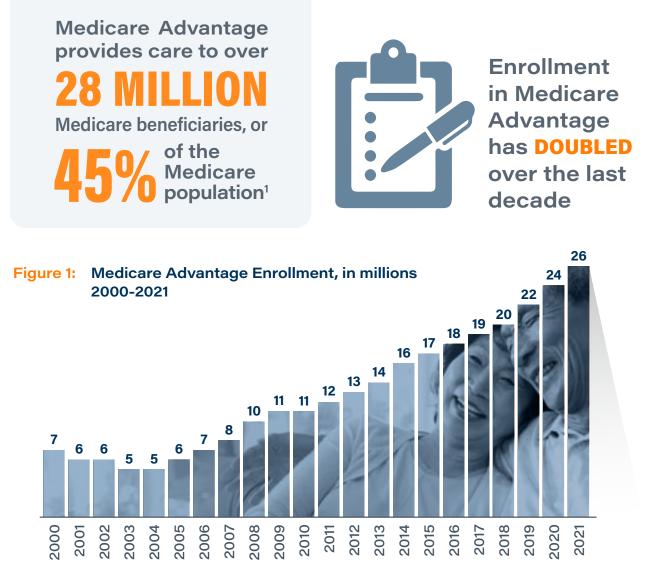


Figure 1 Adapted from Kaiser Family Foundation (analysis of CMS enrollment files), Medicare Advantage in 2021: Enrollment Updates and Key Trends, June 2021.

 Medicare Advantage is projected to be the dominant choice for Medicare beneficiaries in the next few years, driven in part by significant gains in enrollment among minority and dual-eligible populations.<sup>2</sup>

<sup>2</sup> 2022 Annual Report of the Boards of Trustees of the Federal Hospital Insurance and Federal Supplemental Medical Insurance Trust Funds (Table IV.CT), June 2022. Available at: <a href="https://www.cms.gov/files/document/2022-medicare-trustees-report.pdf">https://www.cms.gov/files/document/2022-medicare-trustees-report.pdf</a>; J. Michael McWilliams, Don't Look Up? Medicare Advantage's Trajectory and the Future of Medicare, Health Affairs, March 24, 2022. Available at: <a href="https://www.healthaffairs.org/do/10.1377/forefront.20220323.773602">https://www.healthaffairs.org/do/10.1377/forefront.20220323.773602</a>

<sup>&</sup>lt;sup>1</sup> Analysis of the Centers for Medicare & Medicaid Services Monthly Enrollment Files, April 2022



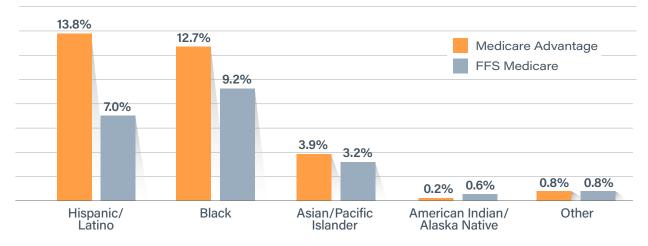
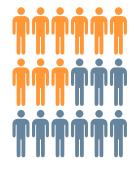


Figure 2 Milliman, Comparing the Demographics of Enrollees in Medicare Advantage and Fee-for-Service Medicare, October 2020. \*Note: Racial and ethnic minorities reported reflect the coding in CMS' database in 2019; Total minority representation numbers may differ slightly if compared to other studies examining minority representation due to timing and other variables.



ACCESS<sup>7</sup>

- 33.7% of Medicare Advantage beneficiaries identify as a racial and ethnic minority, compared to 16% in FFS Medicare.<sup>3</sup>
- 53% of Latino beneficiaries choose Medicare Advantage.4
- Nearly 50% of Black beneficiaries choose Medicare Advantage.<sup>5</sup>
- Since 2013, enrollment in Medicare Advantage has grown 111% • among minority beneficiaries and 125% among dually eligible beneficiaries.6



- Medicare Advantage access is nearly universal with 99.7% of Medicare beneficiaries having access to a Medicare Advantage plan.
- 89% of Medicare Advantage plans offered include prescription drug coverage.
- More than 90% of Medicare Advantage plans provide some combination of dental, vision, hearing, or fitness and wellness benefit, which are not offered in FFS Medicare.
- Over 95% of Medicare Advantage plans offer additional telehealth benefits not offered in FFS Medicare.

Center for Innovation in Medicare Advantage, Positive Outcomes for High-Need, High-Cost Beneficiaries in Medicare Advantage Compared to Traditional

FFS Medicare, December 2020. Available at: <a href="https://bettermedicarealliance.org/wp-content/uploads/2020/12/BMA-High-Need-Report.pdf">https://bettermedicarealliance.org/wp-content/uploads/2020/12/BMA-High-Need-Report.pdf</a> Better Medicare Alliance, Medicare Advantage Offers High Quality Care and Cost Protections to Racially and Ethnically Diverse Beneficiaries, June 2021. Available at: <a href="https://bettermedicarealliance.org/wp-content/uploads/2021/06/BMA\_2021-Q2-Data-Brief\_6.15.21.pdf">https://bettermedicarealliance.org/wp-content/uploads/2021/06/BMA\_2021-Q2-Data-Brief\_6.15.21.pdf</a>

Better Medicare Alliance, Medicare Advantage Offers High Quality Care and Cost Protections to Racially and Ethnically Diverse Beneficiaries, June 2021. Available at: https://bettermedicarealliance.org/wp-content/uploads/2021/06/BMA\_2021-Q2-Data-Brief\_615.21.pdf

Milliman, Comparing the Demographics of Enrollees in Medicare Advantage and Fee-for-Service Medicare, October 2020.

Available at: https://bettermedicarealliance.org/wp-content/uploads/2020/10/Comparing-the-Demographics-of-Enrollees-in-Medicare-Advantage-and-Fee-for-Service-Medicare-202010141.pdf

Kaiser Family Foundation, Medicare Advantage 2022 Spotlight: First Look, November 2, 2021. Available at: https://www.kff.org/medicare/issue-brief/ medicare-advantage-2022-spotlight-first-look/

## AFFORDABILITY AND VALUE

#### For Beneficiaries:8

- Medicare Advantage beneficiaries report spending nearly \$2,000 less on out-of-pocket costs and premiums compared to FFS Medicare beneficiaries.
- Black beneficiaries enrolled in Medicare Advantage spend an average of \$1,104 less on out-of-pocket costs and premiums than Black beneficiaries enrolled in FFS Medicare.
- Latino beneficiaries enrolled in Medicare Advantage spend an average of \$1,421 less on out-of-pocket costs and premiums than Latino beneficiaries enrolled in FFS Medicare
- Medicare Advantage beneficiaries spend almost 36% less than FFS Medicare beneficiaries in out-of-pocket costs and premiums each year.
- The average monthly premium in 2022 is \$19 a month, a 15-year low.<sup>9</sup>

#### For the Federal Government:<sup>10</sup>

- Medicare Advantage provides \$32.5 billion annually in additional value to beneficiaries and the federal government.
- Medicare Advantage covers all Medicare-covered services like hospital and physician services for 24% less than FFS Medicare.

### **OUTCOMES**

Beneficiaries in Medicare Advantage also have lower hospitalization rates and more follow-up care relative to FFS Medicare beneficiaries.



- 19% lower rate of COVID-19 related hospitalizations during the first 9 months of the pandemic<sup>11</sup>
- 43% lower rate of avoidable hospitalizations for any condition<sup>12</sup>
- 21% higher rate of seeing a physician within 14 days of a hospital discharge<sup>13</sup>
- Medicare Advantage beneficiaries with complex diabetes experienced a 52% lower rate of any complications and a 73% lower rate of serious complications.<sup>14</sup>

#### **EXPERIENCE**



- 94% of beneficiaries in Medicare Advantage are satisfied with their coverage.<sup>15</sup>
- Medicare Advantage beneficiaries report high rates of health care satisfaction and access to care:<sup>16</sup>
  - 94.9% are satisfied with health care quality
  - 95.6% are satisfied with ease of getting to the doctor
  - 93.6% report having a usual source of care.
- **90%** of beneficiaries in Medicare Advantage Part D (MA-PD) plans are enrolled in a plan with 4 or more Stars, a top score for quality.<sup>17</sup>

<sup>&</sup>lt;sup>8</sup> Better Medicare Alliance, Medicare Advantage Outperforms FFS Medicare on Cost Protections for Low-Income and Diverse Populations, April 2022. Available at: <u>https://bettermedicarealliance.org/wp-content/uploads/2022/04/BMA-Medicare-Advantage-Cost-Protections-Data-Brief\_FINv2.pdf</u>

Better Centers for Medicare & Medicaid Services, "CMS Releases 2022 Premiums and Cost-Sharing Information for Medicare Advantage and Prescription Drug Plans," September 30, 2021. Available at: <u>https://www.cms.gov/newsroom/press-releases/cms-releases-2022-premiums-and-cost-sharing-informationmedicare-advantage-and-prescription-drug</u>

<sup>&</sup>lt;sup>10</sup> Milliman, Value to the Federal Government of Medicare Advantage, October 2021. Available at: <u>https://www.milliman.com/-/media/milliman/pdfs/2021-articles/10-20-21-value-federal-government-of-medicare-advantage.ashx</u>

Better Medicare Alliance, Medicare Advantage Sees Fewer COVID-19 Hospitalizations in Beneficiaries and Offers Greater Access to In-Person and Telehealth Non-COVID Care During Pandemic, October 2021. Available at: <u>https://bettermedicarealliance.org/wp-content/uploads/2021/10/BMA-Q3-Data-Brief-FIN-1.pdf</u>
 Center for Innovation in Medicare Advantage, Positive Outcomes for High-Need, High-Cost Beneficiaries in Medicare Advantage Compared to Traditional FFS

<sup>&</sup>lt;sup>12</sup> Center for innovation in Medicare Advantage, Positive Outcomes for High-Need, High-Cost Beneficiaries in Medicare Advantage Compared to Traditional FFS Medicare, December 2020. Available at: <u>https://bettermedicarealliance.org/wp-content/uploads/2020/12/BMA-High-Need-Report.pdf</u>
<sup>13</sup> Center for Innovation in Medicare Advantage Positive Outcomes for High-Need High-Cost Beneficiaries in Medicare Advantage Compared to Traditional FFS

 <sup>&</sup>lt;sup>13</sup> Center for Innovation in Medicare Advantage, Positive Outcomes for High-Need, High-Cost Beneficiaries in Medicare Advantage Compared to Traditional FFS Medicare, December 2020. Available at: <u>https://bettermedicarealliance.org/wp-content/uploads/2020/12/BMA-High-Need-Report.pdf</u>
 <sup>14</sup> Avalere Health, Medicare Advantage Achieves Cost-Effective Care and Better Outcomes for Beneficiaries with Chronic Conditions Relative to FFS Medicare,

July 2018. Available at: https://bettermedicarealliance.org/wp-content/uploads/2020/03/BMA Avalere MA vs FFS Medicare Report 0.pdf Morning Consult, Annual Seniors on Medicare Survey, January 2022. Available at: https://bettermedicarealliance.org/wp-content/uploads/2022/01/BMA

Seniors-on-Medicare-Memo\_final3.pdf <sup>6</sup> Better Medicare Alliance, Medicare Advantage Outperforms FFS Medicare on Cost Protections for Low-Income and Diverse Populations, April 2022. Available at:

better medicate Anitaice, medicate Advantage Outperiorns PPS medicate on Cost Protections for Low-income and Diverse Populations, April 2022. Available a https://bettermedicarealliance.org/wp-content/uploads/2022/04/BMA-Medicare-Advantage-Cost-Protections-Data-Brief FINv2.pdf

<sup>&</sup>lt;sup>17</sup> Centers for Medicare & Medicaid Šervices, "CMS Releases 2022 Premiums and Cost-Sharing Information for Medicare Advantage and Prescription Drug Plans," September 30, 2021. Available at: <u>https://www.cms.gov/newsroom/press-releases/cms-releases-2022-premiums-and-cost-sharing-information-medicare-advantage-and-prescription-drug</u>