

Medicare Advantage

THE SMART CHOICE FOR A HEALTHY FUTURE

BETTER MEDICARE
ALLIANCE

Innovative care leads to **healthy seniors who are getting the care they need.**

88%

OF ENROLLEES

Say **protecting Medicare** is very important to them.



Medicare Advantage works and millions of seniors agree. In 2017, Medicare Advantage enrollment has increased to an all-time high of over **18.5 million enrollees**.

The recent growth in enrollment shows that seniors across the country are taking advantage of **innovative care** that meets their needs through Medicare Advantage.

And that's because **it works**. Medicare Advantage is the cost-effective option under Medicare that brings seniors the quality care they deserve after a lifetime of hard work.

"Medicare Advantage plans are in a unique position to see the whole person's care."¹

"Plans that are rated higher deliver a higher level of care, such as improving the coordination of care, helping enrollees to manage diabetes or other chronic conditions more efficiently, screening for and preventing illnesses, or making sure people get much-needed prescription drugs." - Sean Cavanaugh, CMS Deputy Administrator and Director

In 2009, only about 17% of Medicare Advantage enrollees were in 4 and 5-Star plans. In 2017, 68% of enrollees are in 4 and 5-Star plans.²

92% OF ENROLLEES

are satisfied with the **quality of care** in their Medicare Advantage plan.



87%

OF ENROLLEES

say Medicare Advantage wellness plans help seniors lead healthier lives.

"I have high blood pressure doctor visits covered. I have Silver Sneakers and go to a no impact exercise group. Exercise is important to control high blood pressure and manage my osteoarthritis pain. I'm 67 and work part time because my health care needs are met." - Mary Lou Campbell of Pennsylvania, Better Medicare Alliance Ambassador

According to YMCA's Chief Medical Officer Dr. Matt Longjohn, the YMCA "would not be making the progress that we are without effective partnerships with health care providers and insurers. Medicare Advantage plans are particularly important partners in this work and are providing proven services in neighborhoods where their members live, work and play."³

¹ CMS, "CMS Quality Strategy 2016," CMS.gov, April 2016. Web. 31 Oct. 2016. ² Cavanaugh, S. "Improved Quality of Medicare Health and Drug Plans Means Great News for Medicare Beneficiaries." The CMS Blog, October 12, 2016. Web. ³ Better Medicare Alliance Press Release, "YMCA, Meats on Wheels America Join Better Medicare Alliance as Community Pillars Voice Support for Medicare Advantage," June 17, 2016. Web.

⁴ Poll survey was conducted in November 2016 by Morning Consult among a national sample of 1412 seniors on Medicare Advantage. Results from the full survey have a margin of error of +/-3 percentage points.

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THE FUTURE OF MODERN HEALTH CARE IS HERE

BETTER MEDICARE
ALLIANCE

Innovative care leads to cost savings. And those cost savings benefit everyone, from providers to beneficiaries to taxpayers.



In 2016, **provider-sponsored plans represented nearly 60% of new Medicare Advantage plans entering the program.** In total, 70 provider-sponsored parent organizations offer 403 plans in 41 states. Provider-sponsored plans diversify choice for those in need of high-quality coverage. ⁴

“Starting a Medicare Advantage plan allows high-quality hospitals and health systems to benefit substantially from the value they deliver. Growth in the Medicare Advantage program is helping the government shift to value-based payment methods.” - Dan Mendelson, President of Avalere

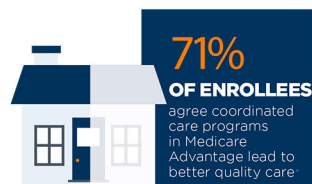
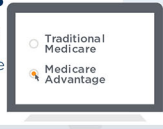
MedPAC reports that Medicare Advantage payment is now 100% aligned with Traditional Medicare. And Medicare Advantage enrollees can experience better health outcomes. ⁵

A recent study found that Medicare Advantage enrollees are less likely than Traditional Medicare enrollees to have avoidable hospitalizations, with a **10% decrease in the rate of such hospitalizations.**

Medicare Advantage enrollees also have **10% fewer hospital stays** than Traditional Medicare enrollees. And evidence shows that for the most vulnerable Medicare Advantage enrollees, 20% are more likely to have an annual preventive care visit as compared to those in Traditional Medicare and inpatient medical days are 25% to 35% lower. ⁷

81%
OF ENROLLEES

believe they have better overall health outcomes with Medicare Advantage compared to those on Traditional Medicare.*



Medicare Advantage gives consumers the choices they need. From dental and vision to low cost sharing, **Medicare Advantage puts beneficiaries in the driver's seat** of their own care.

And it turns out patient-centered, value-driven care is popular not just with beneficiaries. Encouraged by Medicare Advantage plans, providers are adopting innovative models to reduce costs of care for all patients. Studies show that high Medicare Advantage market penetration also leads to a “spillover effect” or lower costs for Traditional Medicare. ⁸

Medicare Advantage, a partnership between government and the private sector enables value-driven, high-quality and cost-effective care for a complex patient population.

4. Avalere, “Provider-Sponsored Health Plans: Enrollment, Quality and Future Impact” Web, 28 January 2016. 5. MedPAC, S. Harrison and C. Zarabona “Medicare Advantage Status Report” Web, 8 December 2016. 6. Peterson, Stephen, PhD, Andrew Bakeman, MD, MPH, Yohai Jandavrou, MD, and Peter Klingman, BS, “Understanding the Impact of Medicare Advantage on Hospitalization Rates: A 12 State Study,” (2016). 7. S. F. Robert Graham Center, March 15, 2016. Web. 7. Ricki Chan, Jeff Lemkau, Jeff Schoenborn and Teresa Hultigan, MA Chronic Special Needs Plan Boosted Primary Care, Reduced Hospital Use Among Diabetes Patients, Health Affairs, 35, no. 12 (2016): 191-199. 8. Johnson, G., J. F. Figueroa, X. Zhou, E. J. Orszag and A. C. Yin, “Recent Growth in Medicare Advantage Enrollment Associated With Decreased Full-Fare-Service Spending in Certain U.S. Counties,” Health Affairs 35, 9 (2016): 1767-1770. Web. 1 June 2016.

Medicare Advantage benefits everyone. To learn more more, visit bettermedicarealliance.com/policy

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